

Lima Bean Casserole

350°

1 cup dried lima beans
1 teaspoon salt
½ cup chopped onion
½ cup diced celery
2 tablespoons chopped green
peppers

2 tablespoons chopped
canned green chiles
2 cups stewed tomatoes
½ teaspoon chili powder

Cover beans with water; soak overnight. Drain, cover with fresh water and simmer until tender.

Heat oven to 350°. Add remaining ingredients, pour into a casserole and bake for 40 minutes.

SERVES 4 to 5 • PREPARATION TIME: 55 MIN.

Approximate calories per serving . . . 160

SUGGESTED MENU

Cream of Mushroom Soup

Lima Bean Casserole

Waldorf Salad

Peppermint Pie