

Baked Spaghetti Casserole

- 2 lbs. ground round (or 90 percent fat free beef)*
- 1/4 cup finely chopped onion*
- 1/2 finely chopped green pepper*
- 1 tsp. salt*
- 1/4 to 1 lb. spaghetti*
- 2 bay leaves*
- 2 cans tomato soup*
- 1 can mushroom soup*
- 2 cans milk*
- 2 cups sharp cheddar cheese*
- 1 cup mozzarella cheese*

Preheat oven to 350 degrees. Brown hamburger with onion and pepper. Drain, and sprinkle with 1 tsp. salt. Break spaghetti into thirds. Cook according to package directions with a little salt and two bay leaves. Drain; discard the bay leaves. In a large bowl, combine the hamburger mixture, spaghetti, soups, milk and 1-1/2 cups cheddar cheese. Put into a 9x13-inch baking dish. Sprinkle with the remaining cheese, and bake for 1 hour.

Note: This can be divided into two individual casseroles, so that one can be frozen. If cooking the casserole that has been frozen, it works best to thaw before baking.